

MON	TUE	WED	THU	FRI	SAT	SUN
					9:15am Active PUMP ONLINE	
		10am Legs, Bums & Tums ONLINE			10am Core & Stability ONLINE	
6pm 10:10:10 (HIT:ABS:Flex) ONLINE	6pm Bigh Home CIRCUIT ONLINE	6pm OUTDOOR ActiveCamp MVH	6pm HIT & Strenght ONLINE			



SEPTEMBER
2020